



PARENTS BUILDING SOLUTIONS

DEALING WITH CHALLENGING BEHAVIOURS

FOR PARENTS AND CARERS OF CHILDREN AGE 5 - 12 YRS

IS YOUR CHILD -

- **TALKING BACK?**
- **NOT LISTENING?**
- **HAVING MELTDOWNS?**
- **AGGRESSIVE?**
- **OUT OF CONTROL?**
- **ARE YOU TIRED OF YELLING?**

YOU ARE NOT ALONE!

Join us in a free 6 week program to share parenting ideas and strategies for dealing with children's challenging behaviours. Morning tea provided.

TOPICS INCLUDE:

- **GETTING KIDS TO LISTEN**
- **DEALING WITH ANGER (THEIRS AND YOURS)**
- **RESPECTFUL RELATIONSHIPS**
- **AND MORE**

WHEN:

Tuesdays, 3, 10, 17, 24, 31 May and 7 June (6 sessions)

TIME:

9.30am to 11.30am

WHERE:

Ballam Park Primary School,
Belar Avenue, Frankston

COST:

FREE of Charge.

Bookings are essential.

Receive Certificate of Participation

BOOKINGS:

To book or for more information contact Barbara on 9781 6787 or 0458 750 754



Ballam Park
Primary School