



PARENTS BUILDING SOLUTIONS

DEALING WITH CHALLENGING TEEN BEHAVIOURS

FOR PARENTS AND CARERS OF CHILDREN AGE 12 - 18 YRS

ARE YOU DEALING WITH -

- **confusing adolescent development?**
- **disrespect and 'attitude'?**
- **establishing rules and boundaries?**
- **conflict and anger?**
- **social media issues?**
- **risk-taking behaviours?**

YOU ARE NOT ALONE!

Join us in a free 5 week program to share parenting ideas and strategies and solutions.

Refreshments provided.

WHEN: Thursdays, 5, 12, 19, 26, May and 2 June (5 sessions)

TIME: 5.30pm to 7.30pm

WHERE: Rosebud Library
McDowell Street, Rosebud

COST: **FREE of Charge.**
Bookings are essential.
Receive Certificate of Participation

BOOKINGS:

To book or for more information contact Barbara on 9781 6787 or 0458 750 754

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