



PARENTS BUILDING SOLUTIONS

YOUR CHILD'S SOCIAL AND EMOTIONAL IQ

FOR PARENTS AND CARERS OF CHILDREN AGE 5 TO 12 YRS

Would you like to support your child's emotional and social intelligence?

Would you like to encourage personal strengths and resilience in your child?

Join us in a free 5 week program to share parenting strategies and solutions. Light lunch provided.

TOPICS INCLUDE:

- Child brain development
- Learning responsibility and respect
- Dealing with anger (theirs and yours)
- Where confidence and resilience come from
- The importance of the parent – child relationship

WHEN: Thursdays, 5, 12, 19, 26 May and 2 June

TIME: 11.30am to 1.30pm

WHERE: Mount Eliza North Primary School
Moseley Drive, Mount Eliza

COST: **FREE of Charge.**
Bookings are essential.
Receive Certificate of Participation

BOOKINGS:

To book or for more information contact Barbara on 9781 6787 or 0458 750 754
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