



Use of Gym Outside School Hours Policy

PURPOSE

Information for any school staff who would like to use the gym outside of school hours

SCOPE

This information applies to all staff at Somerville Secondary College.

IMPLEMENTATION

School staff are permitted to use the school's gym outside of school hours provided they contact the College Principal or Business Manager prior to use to sign a waiver and release.

By using the gym outside of school hours, the staff member acknowledges and agrees that:

1. There is an an inherent risk of injury or ill health resulting from use of the gym and from participation in exercise generally.
2. They are voluntarily participating in the use of the gym and do so entirely at their own risk, and assume all risks of injury, illness, or death.
3. The school recommends that they obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise activity.
4. The school will not be providing any supervision or assistance whilst they are using the gym, and they are fully aware that if they are injured, become unconscious or suffer a stroke or heart attack, it is likely that there will be no one to respond to the emergency.
5. The school recommends that they have a workout partner accompanying them whilst using the gym.
6. They must abide by the school's policies and reasonable directions in relation to use of the gym, and may have their access to the gym withdrawn by the school at any time for any reason.
7. They are responsible for their personal belongings and will not hold the school liable for any loss to, or damage of, their personal property.



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8. They release and hold harmless the school council, the Department of Education and Training, the State of Victoria, and any associated individuals or parties, from and against all actions which may be brought by them or on behalf of them in respect of any incident arising out of injury, loss, damage or death caused to them or their property in any way whatsoever in connection with their use of the gym.

REVIEW CYCLE

This policy was ratified and endorsed by School Council February 2021 and is scheduled for review in February, 2022.